

2019

Dordogne – Forteresses, Rivers and Caves

Barely any other region in France is offering so many unique sights and natural spectacle on such a small territory like the Dordogne/Perigord. Impressive and wild nature, deep valleys and gorges, fortresses enthroned above rivers. You can still feel the history-charged past and we couldn't be surprised, if one of the many Troubadours would cross our way. Cave dwelling, rock painting and pilgrimage destinations are on our program! Culinary delicacies round out every successful day by bike!

Day 1

Arrival in Sarlat. Check-in in 3 star hotel and at 6.30 pm welcome meeting and information about the program. Afterwards first French dinner.

Day 2 Sarlat—Souillac 41 km

From the Hotel we take the bikes to visit the beautiful city of Sarlat. Sarlat is one of the most beautiful cities in France and during the guided city tour, you will understand, why it is fully under monument protection. Marvelous gothic buildings and houses of the Renaissance line the small alleys. An exuberant drive and regional specialties several stores - but they have to wait till lunch time!

In the afternoon we cycle through field scenery, on beautiful paths with oaks and chestnuts just till Souillac. The Romanic abbey of Souillac from XII. century is a real highlight.

Day 3 Salignac—Lascaux—Les Eyzies 45 km

A terrific cycling stage, but as well a lot of culture is offering today. From Salignac we are cycling through lovely landscape till we get to a nut oil manufacture. Continuation on our journey after an informative and culinary stop till we arrive to the impressive abbey of St-Amand-de-Coly. Then we continue just till Lascaux II and its incredible paintings, before we cycle alongside the Vézère to get to the Roque Saint Christophe. On five terraces the first humans settled down. Detailed tour of "Abri", which is located in 50m height.

Day 4 Sarlat - Domme-Château de Beynac 38 km

From the hotel we are cycling on small paths to the Dordogne, to follow this picturesque river before we climb up to Domme. Visit of the Bastide and especially: Enjoyment off the awesome panorama on the Vallée de la Dordogne! From here we follow the river loop, up to La Roque Gageac. The picture of the small town next to the steep limestone is truly scenic. Continuation on our journey to the Château de Beynac and visit of this special fortress.

Day 5 Rocamadour—Souillac 36 km

Rocamadour - popular place of pilgrimage in the Middle Age on the way to Santiago de Compostella. Since the Middle Age, pilgrims are staying in this beautiful town and made it possible to build chapels, churches and crypts. On the day of the "Grand Pardon " up to 30.000 pilgrims are reuniting in Rocamadour, to visit the seven churches and chapels: the Basilica Saint Sauveur, the Crypt St Amadour, chapel Dame and the chapel St Jean Baptiste, St Blaise and Ste Anne. But Rocamadour is also fascinating thanks to its marvelous location. Snuggled to the rugged slope we can see till already from far. After a detailed visit and a pick nick in a fantastic location we will continue our way over small rural and calm paths to the river Dordogne.

From here we are cycling alongside the wonderful river loop back to Soulliac. Return by bus.

Day 6 Sarlat—Font de Gaume—Les Eyzies-Limeul 42 km

Today is a cultural highlight by bike! First stop at the uncovered Abri "Cap Blanc". After the visit it is a real pleasure to cycle down up to Font de Gaume. Last cave with original polychrome paintings, polychrome, which is accessible to the public. Only in small groups or with pre-reservation one's can visit the 120m long aisle with its paintings which are 18.000 years old. Then we continue to Les-Eyzies-de-Tayac, the "center of pre-history". The tour continues on beautiful paths up to Limeul, alternately at the riverside and in the hinterland.

Day 7

After the last breakfast it is time to say goodbye "Au revoir et à bientôt"

Guided Cycling Trip 7 Days / 6 Nights

Route Characteristics: ••• - ••• Side roads and agricultural roads. Between the river valleys the territory is hilly.

Dates:	19.05. – 25.05.2019
	02.06 08.06.2019
	08.09. – 14.09.2019

Price per person	Euro
Double Room FB	1.242,00
Single Room FB	1.468,00
Bike Rental	
21- gear-bike	80,00
E-Bike	160,00

Following services are included:

- 6 accommodation in a 3* charm hotel
- \checkmark rooms bath/shower/WC
- Swimming Pool use
- \checkmark **Daily Breakfast**
- \checkmark 4-course-menu for dinner
- 5 Lunches with local specialties, drinks included.
- Graduated guide during the whole trip
- Guidance acc. to program
- All mentioned transfers
- All entrances
- \checkmark Visit of nut oil manufacture with tasting
- Visit of goose farm with tasting



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