

# PROVENCE

## Highlights

Picturesque Baux,  
Palace of the Pope, Avignon,  
Cycling through the Parc  
naturel régional des Alpilles,  
Amphitheater in Arles

FRANCE  
À VÉLO

### DISCOVER THE PICTURESQUE PROVENCE BY BIKE

Provence is the Mediterranean France with the air which is scented by maquis and lavender. The landscape and the special quality of light has inspired many painters. The Roman history will accompany you most of the days; the food rich in herbs will finish the journey in your lovely hotel.

#### DIFFICULTY

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#### KM

128

#### LENGTH

5 days  
4 nights

#### ARRIVAL

Daily  
14.03 - 31.10.2026

### Day 1 Avignon

Arriving in Avignon, Cité des Papes. Nice hotel 3\*\*\* in the very heart of the city.



### Day 4 St Rémy - Arles 32 km

Today you leave St Rémy and cycle south, towards the Mediterranean sea in the town of Arles, settled on the side of the Rhone with its well-preserved amphitheatre, countless medieval and Roman monuments.



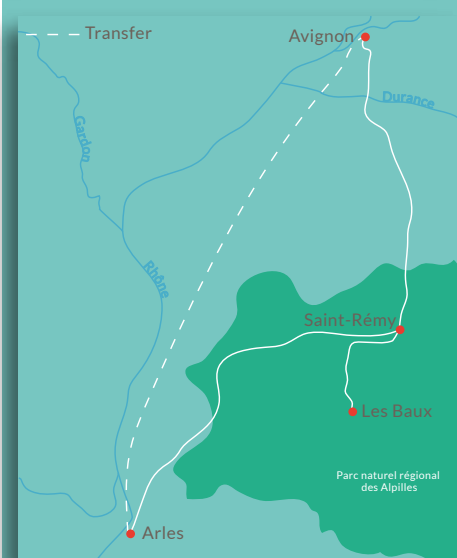
### Day 2 Avignon - St Rémy 56 km

You have time to visit the old city and the Palace of the Popes. You leave Avignon by small quiet roads and you are cycling towards one of the most beautiful villages in the region and very typical: St Rémy. Known for the aromas of wild herbs. St Rémy is the town where Van Gogh has lived and where Nostradamus was born.

### Day 3 St Rémy - Les Baux - St Rémy 40 km

Today you're cycling from St Rémy to Les Baux. The remarkable pilgrimage site was built at 200 m high outcrop and is dominated by a ruined fortress. On the way you can enjoy the wine tasting on a wine grower farm! Wine and oliven oil tasting. Wonderful landscape in the shadow of the Alpilles mountains on the way back to St Rémy. Stop in the village Les Baux de Provence and then last part of the cycle tour in a fantastic nature.

### SELF-GUIDED CYCLING TOUR



### ROUTE CHARACTERISTICS

Not very hilly and always on asphalted side roads and partly on cycling paths.

### SERVICES INCLUDED

- 3 nights in 3 stars hotels  
1 night in a 4 stars hotel
- Daily breakfast
- Welcome talk
- Train ticket Arles - Avignon
- Daily luggage transfer
- Itinerary on our app
- Roadbook, maps and information material
- 7/7 Service Hotline

### PER PERSON

#### ROOM

with B&B in DBL / SGL 780 € / 1055 €

#### EXTRA NIGHT

Avignon DBL / SGL 133 € / 213 €  
Saint Rémy DBL / SGL 95 € / 170 €  
Arles DBL / SGL 75 € / 118 €

#### BIKE RENTAL

21/27-Gear-Hybrid bike 85 €  
E-Bike (250 € deposit) 170 €

City tax is not included and has to be paid on the spot.

### POSSIBLE OPTIONS

Rental of bikes, helmets, phone holder