

## Atlantic Coast 8 days / 7 nights Cat B

The Atlantic coast is a paradise for cyclists. You will discover the fantastic coast and its marvelous sandy beaches, and ride along cycle paths through quiet pine forests. This is a charming region full of history and wonderful landmarks along the Atlantic Ocean.

### Day 1 La Rochelle

Arrival in La Rochelle. Your accommodation is a nice hotel in the heart of the town centre. Take your time to enjoy the city.



### Day 2 Ile de Ré 57 km

Begin the day by cycling across the impressive bridge of the Ile de Ré. You continue through the lovely fisherman's villages of Rivedoux and La Flotte with their colourful markets. You will follow the cycle path to reach Saint Martin, with many opportunities to stop for a swim along the way.

### Day 3 Baie de Chatelaillon 42km

You leave La Rochelle towards the south on a pleasant cycling path along the coast. Enjoy the wonderful scenery of the Chatelaillon beach. After a walk in the charming town centre with its tiny streets, why not go for a swim or a lie on the beach.

Back to La Rochelle by small country roads and via Châteaux of De Buzay.

### Day 4 Baie de l'Aiguillon 46 km

Situated North from La Rochelle, the Baie de l'Aiguillon is a graceful link between continent and ocean. Your itinerary, along the white coast is easy and beautiful. Baie de l'Aiguillon is famous for its mussel farms. You will have the opportunity to visit one of them: the interesting Maison de la Myticulture.

### Day 5 La Rochelle – Rochefort 53 km

It's time to leave La Rochelle for another great town: Rochefort, where, in 1666, Louis XIV chose to establish a military dockyard.

Today, you ride along the coast you will see former prison Fort Boyard, and the island Ile d'Oléron.

### Day 6 Rochefort – Marennes 38 km

Marennes is one of the most famous Oyster farming centres in France, situated on a wide protected natural reserve. On your way, you can enjoy the birds that have adopted this part of the coast. This idyllic day ends in Marennes.

### Day 7 Marennes – Royan 46 km

You will leave Marennes along a quiet cycle path, and will arrive in a pine forest overlooking the sea. Do not forget your swimsuit! Your ride follows an enjoyable cycle path along the rocky coast to Royan. This final day will be punctuated by the varied and colourful landscapes.



### 8. Tag

Back to La Rochelle after Breakfast.

### Self-guided tour 8 Days / 7 Nights

**Grade:** ●

*Mainly on cycling paths, quiet secondary roads, always asphalted, very few traffic on the streets*

**Arrival: Saturday 16.03. – 26.10.2019**

Price per person	Euro
Double room with B&B	785,00
Double room with half-board	1069,00
Extra night in La Rochelle	60,00
Extra night in La Rochelle High Season	74,00
Extra night in Royan	89,00
Extra night in Royan High Season	102,00
Single room B&B	1099,00
Single room half-board	1383,00
Additional night in La Rochelle	82,00
Additional night in La Rochelle High Season	111,00
<b>Bike rental</b>	
21-Gang –Tourbike	90,00
Ebike 250 € Deposit	180,00

**July/August extra Double Room: 66,00€**

**July/August extra Single Room: 86,00€**

### Service included:

- ✓ 7 nights in 2\* and 3\* Stars-Hotels
- ✓ Daily breakfast
- ✓ **4-course dinner (Option)**
- ✓ Luggage transfer from hotel to hotel
- ✓ Personal welcome meeting
- ✓ Route book, maps and information material
- ✓ GPS-Tracks on demand
- ✓ Transfer Royan – La Rochelle
- ✓ 24h Service Hotline