

CANAL DE GARONNE ET CANAL DU MIDI



Highlights

Cycling along the canals,
World heritage UNESCO,
Medieval Carcassonne,
Bordeaux vineyards,
Toulouse - The Red City

FRANCE
À VÉLO

CANAL DE GARONNE AND CANAL DU MIDI BY E-BIKE

60,000 trees were planted formerly at the Canal du Midi in France to secure the banks. And until today trees in many places line the canal, which runs from Toulouse down to the Mediterranean Sea. They shade the towpaths and little streets, too, which lead you to countless cultural monuments: to cathedrals and palaces, to Roman and medieval buildings. The wealth of culture is faced at the Canal du Midi with culinary treasures. In this region there grows good wine and it's home to an excellent cuisine. Pleasure has a long tradition here.

DIFFICULTY

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KM

407

LENGTH

10 days
9 nights

ARRIVAL

Daily
14.03 - 31.10.2026

Day 1 Bordeaux

Arrival to Bordeaux. The hotel is located in the center of Bordeaux. Bordeaux, a city of 2300 years of history that is already written here. Celts, Romans and finally the Franks knew the favorable location at the Estuary of Garonne and Dordogne and appreciated the proximity to the Atlantic Ocean.



Day 2 Bordeaux - Courpiac 45 km

You leave the metropolis and will cycle on the countryside along the Canal de Garonne. Later you leave the site passing former railway lines and quiet roads. Cycle through the world-famous vineyards of Sauternes. Here, you can look for a little break.

Day 3 Courpiac - Mas D'Agenais 63 km

After breakfast, you leave Courpiac. On the way, you'll enjoy a leisurely cycle along the canal. In the picturesque village of Mas-d'Agenais, you can admire one of the paintings by the famous painter Rembrandt in its Romanesque church.

Day 4 Mas D'Agenais - Agen 49 km

After breakfast you leave Mas d'Agenais and cycle to Agen. Before you enter Agen, you pass juicy fruit trees for which the area is known. Arrived in Agen, you can stroll through the old town and enjoy a glass of wine.

Day 5 Agen - Moissac 45 km

Today's cycling day will take you along the canal. You have the opportunity to leave the canal to visit Auvillar, one of the most beautiful villages in France. Afterwards, you reach Moissac, with its famous abbey.

Day 6 Moissac - Montauban 37 km

After breakfast they leave Moissac and cycle along the canal. The place Castelsarrasin invites you to stroll and take a break. The cycling stage ends in beautiful Montauban.

Day 7 Montauban - Toulouse 61 km

On today's cycling day you reach one of the main French cities, Toulouse. World famous for its red stone houses, this city embodies the charm and the joy for life of South France. There is enough time to discover the city by foot. Get inspired by this wonderful city. The Canal de Garonne ends here.

Day 8 Toulouse - Castelnaudary 62 km

From today, the cycle tour will take you along the Canal du Midi. The city Castelnaudary, also once called the "City of Mills" is a popular stop for the houseboat travellers nowadays. Numerous mills decorate the landscape of the Languedoc-Roussillon region, which belongs to t Castelnaudary. The famous bean stew "Cassoulet" comes also from here.

Day 9 Castelnaudary - Carcassonne 45 km

Today's cycle tour takes you through the country of the Cathars with its picturesque villages, along the Canal du Midi to the impressive city of Carcassonne. The city walls of Carcassonne are France's most complete ensemble of medieval fortifications. A visit of this picturesque city is a Must-Do. Carcassonne was built on the remains of the Roman fortress in the 13th century. After the visit, stop-by in one of the many cozy street cafes.

Day 10 Departure

SELF-GUIDED CYCLING TOUR



ROUTE CHARACTERISTICS

Flat terrain along the canals. Mostly on separate bike paths, rarely on small side roads.

SERVICE INCLUDED

- 6 nights in 3 stars hotels
2 nights in chambres d'hôtes
1 night in 4 stars hotel
- Daily breakfast
- Welcome talk
- Daily luggage transfer
- Itinerary on our app
- Route book, maps and information material
- 7/7 Service Hotline

PER PERSON

ROOM

with B&B DBL / SGL 1525 € / 2160 €

EXTRA NIGHT

Bordeaux DBL / SGL 152 € / 253 €
Carcassonne DBL / SGL 87 € / 160 €

BIKE RENTAL

21/27 Gear - Hybrid bike 265 €
E-bike (250 € deposit) 370 €

City tax is not included and has to be paid on the spot.

POSSIBLE OPTIONS

Rental of bikes, helmets, phone holder

