

North Brittany - Through the Breton nature by bike

There is no region in France where there are more lore sagas, legends and myths. Nowhere else language, garbs and tradition are more cultivated than in Brittany. Thanks to its special geography, the area is very particular land and the habitants mostly feel more Breton than French. This mysterious land, with its bold cliffs, marvelous viewpoints and the small, sheltered, picturesque harbors give the Breton landscape the special rough allure. A bike tour is literally ideal get to know the various landscapes, with the richness of monuments, real folk custom and tradition. Known for its fresh and excellent cuisine and the buoyant and liberal-minded people, this journey will be unforgettable souvenir.

Day 1

Arrival in Dinard at the coast Ile-et-Vilaine. After check-in, welcome drink at 6 pm. Afterwards first Breton dinner. Bon Appetit!

Day 2. Fréhel – Cap Fréhel – Fort La Latte — St Cast 47 km

Transfer by bus to the peninsula of Fréhel. From there on we will take the bike. The ride brings us to the Fréhel Plage, where you are welcomed by a wonderful panorama. We are following the coast, with a magnificent view on the sea and its coastal landscape. At the Cap Fréhel we will leave the bikes for approximately one hour. The best way to visit the Cap Fréhel is by foot. With its 72m high cape it is one of the most impressive natural spectacles on Brittany. At the same time it is an important bird reserve, so do not forget your binoculars. After a one-hour walk, where you can admire the cape with all its beauty, we will continue the journey by bike to the Fort La Latte. Visit of the fantastically located fort castle before we enjoy our lunch. Partly through the hinterlands, we arrive St Cast de Guildo. Here you have the possibility to dive into the refreshing sea.

Day 3 St Malo—Cancale 39 km

You are cycling directly into the former pirates- and corsairs' city Saint Malo! During the city tour you will learn about the moving time of corsairs and pirates. While walking on the „Rempart“ we can admire the view on the bay around St Malo. But today's stage isn't over yet. You will leave St Malo with a wonderful view on the long beach of the suburbs. Further we cycle via Rotheneuf to Point du Grouin. To discover the birdlife of the Point du Grouin, we will take a short walk. Then we cycle to the picturesque harbor of Cancale. It is a famous center of oysters' production. Afterwards we will have an oyster tasting, directly at the sea side. Here you can also get to know the Muscadet wine. Small Tasting of Muscadet, but watch out, we have to climb the hill to get out of Cancale!

Day 4 Rance River Estuary—Dinan 68 km

From Dinard, transfer to the Riverside of the Rance River. Along the estuary we cycle towards the interior to Dinan. Breathtaking! You get an impression of the lovely Breton back country. Guided city tour through the beautiful alleyways and lanes of the picturesque and fortified city. Next we enjoy the pure nature! From Dinan we cycle on the towpath of the Canal de la Rance and can relish the beauty of the landscape.

Day 5 Vivier—Mont St Michel 49 km

Strengthened after breakfast you are cycling from Vivier-sur-Mer through the Polder. After 24 km and crossing the border river between Normandy and Brittany, the Couesnon, you reach the world famous monastery mountain, the „Miracle of the Western World“, the Mont Saint Michel. Pilgrims, monks and knights were inhabited the granite rock. The tide change is as well spectacular, and you shouldn't miss that in any case. After a long stay with visit of the monastery we will cycle back through the giant marsh.

Day 6 Island Jersey 55 km

After breakfast, transfer to St Malo. Ferry crossing by speedboat from St Malo to the British canal island Jersey. After an hour we arrive in Saint Helier. A wonderful day with idyllic segments through green tunnels, villages with old granite houses, fortresses and towers. The day moves fast and in the afternoon we have to say good-bye and bid back to the Breton mainland. It is our last evening! What a pity!

Day 7

Departure, or do you want to extend your trip?

Guided Cycling Trip 7 days / 6 nights

Route Characteristics: ●●

On cycling paths, agricultural roads and calm side roads. Directly next to the coast hilly terrain, on Jersey alternately flat and hilly but not too heavy.

Dates: 07.07. – 13.07.2019
 18.08. – 24.08.2019
 15.09. – 21.09.2019

Price per person	Euro
Double Room FB	1.248,00
Single Room FB	1.449,00
Bike Rental	
21- gear-bike	80,00
E-Bike	160,00

Following services are included:

- ✓ 6 accommodation in 3 * charm hotel
- ✓ All rooms with sea view and bath / shower/WC
- ✓ Daily Breakfast
- ✓ 4-course-menu for dinner
- ✓ 5 Lunches with local specialties, drinks included.
- ✓ Graduated guide during the whole trip
- ✓ Guidance acc. to program
- ✓ All mentioned transfers
- ✓ Oysters Tasting

