

Emilia Romagna – Italy's culinary delight

In the Emilia Romagna region, in the north of Italy, many of the finest Southern dishes are at home. Delicious wine, balanced balsamic vinegar and hearty parmesan. This cycling tour combines the scenic beauty with the culinary treasures. Regional manufacturers open their doors and so you can experience the splendour of the world, but also culturally this region has a lot to offer. There are castles, art and cities to discover Modena, Bologna and Parma.

1. Day Parma

Your cycling holiday starts in Parma. You have time to explore the centre and capture the Italian charm of this art city with its impressive cathedral.

2. Day Parma – Fontanellato - Parma, ca. 57 km

On the first day of cycling you will have the opportunity to stop at a mustard egg in San Secondo to taste the fine Parmesan. Then cycle to Fontanellato to visit the mighty San Vitale Castle.

3. Day Parma – Reggio Emilia, ca. 59 km

Today it goes to the home of Parmigiano and Parma ham, which gets a special taste thanks to the special climate. Cycling through pinewood forests, past chestnut trees and over the mountains of Parma, you should visit the impressive Torrechiara Castle. The bike continues to the castle of Montechiarugolo, from which you have a wonderful view of the Enza River. You can reach the city of Reggio Emilia, with its beautiful houses and small streets.

4. Day Reggio Emilia – Carpi – Modena ca. 57 km

Today's cycling tour will take you through the Po Valley, where you will have the possibility of a number of excursions, starting with the city of Correggio. Then cycle through the vineyards of the Lambrusco di Santa Croce until you reach Carpi. A further 18 km will take you to Modena.

Recognised as a world heritage city by UNESCO, it offers many cultural highlights and exudes Italian vitality.

5. Day Modena Rundtour ca. 65 km

The famous balsamico is produced here. You can stop at a manufacturer and participate in a meal. Then cycle to Vignola, the city of cherries and the famous Barozzi pie. On small streets you can reach the town of Castelvetro, famous for its Lambrusco wine.

6. Day Modena – Nonantola - Bologna, ca. 68 km

You leave Modena on the cycle path and come along the Secchia through landscapes and vineyards to Nonantola with its beautiful Romanesque abbey from the 12th century. In Nonantola you can taste the delicious balsamico again before continuing your cycling trip to Bologna.

7. Day Bologna ca. 20 km

After a cycling tour of the city, you will have plenty of time in the afternoon to explore this fascinating and beautiful city. The squares with restaurants and cafés invite you to rest and a variety of museums and historic buildings make every heartbeat faster. If you are interested, you can book a cooking lesson.

8. Day departure

After breakfast it is unfortunately good-bye.

Self-guided Cycling Trip 8 days / 7 nights

Route Characteristics: ●●

Flat to hilly terrain with easy ascent and descent.

Arrival: Sunday

01.03. – 21.06.2020 and
06.09. – 08.11.2020

Price per person	Euro
Double room with B&B Single room with B&B	861,00 1158,00
Extra night Parma Double room Single room	53,00 99,00
Extra night Bologna Double room Single room	65,00 109,00
Bicycle Rental 21-Gear-bike E-Bike	99,00 220,00
Cooking Class Bologna min. 2 people min. 4 people	198,00 116,00

Service included:

- ✓ 7 nights in 3* hotels
- ✓ Breakfast buffet
- ✓ Baggage Transfer
- ✓ 3x dinner
- ✓ Wheel map with detailed wheel tour description
- ✓ Travel documents per room
- ✓ 7-day service hotline

