

# HOLLAND

## Highlights

Cycling along rivers,  
Historico-cultural landscapes,  
Metropolis Amsterdam,  
picturesque villages,  
Old city Utrecht

FRANCE  
À VÉLO

### GREEN HEART TOUR - DISCOVER PURE NATURE IN HOLLAND BY BIKE

The Green Heart is a rural area surrounded by the big cities of Amsterdam, Rotterdam, The Hague and Utrecht. What saved it was its wetland and marshes: poor building ground! Instead, the bogs were used to harvest peat. Today, here is where you'll find the picture book Holland of old: low-lying peat meadows with grazing cattle; vast polders under beautiful skies; lakes, streams and rivers; and pretty villages with monumental farmhouses. You will also stop at a number of attractive towns, including "cheese town" Gouda. Naturally, your bike holiday would not be complete without a visit to amazing Amsterdam!

#### DIFFICULTY



#### KM

181

#### LENGTH

5 days  
4 nights

#### ARRIVAL

Daily  
29.03. - 23.09.2024

### Day 1 Arrival

Arrival in Utrecht.

### Day 2 Utrecht - Amsterdam 63 km

You will cycle to Amsterdam on the banks of the lovely little River Vecht. Characteristic for this area are the many stately homes and garden pavilions built by rich Amsterdam merchants in the 17th and 18th Centuries. At the end of the day, Amsterdam welcomes you with its 165 romantic inner-city canals, 1281 bridges and more than 600,000 bikes. Amsterdam is a city for exploring. There is so much to see and do, whether you like art, culture, an evening out or just looking around and taking in the spirit of the city. A canal boat tour gives you a better look at the lovely canal houses.

### Day 3 Amsterdam - Gouda 68 km

Today is the day you cross the rural Green Heart. On the way, you will come across characteristic old Dutch towns and villages. As you wander around Gouda at the end of the day, don't miss the Gothic town hall (1450); the Weighing House (1667); the romantic inner city canals and the stained glass windows in St. John's Church. If possible, plan your trip so that you can witness the traditional Thursday morning cheese market at the start of Day 4. Gouda is also famous for making candles and syrup waffles (try one hot!).

### Day 4 Gouda - Utrecht 50 km

The landscape of rivers, polders, lakes, woods, parks and marshy fens makes for a wonderful bike trip. You will see stately homes and castles along the way. The lively centre of the big city of Utrecht will draw you to its peaceful inner city canals and characteristic wharves, unique to Utrecht. Explore the pretty Museum Quarter, or go (window) shopping on some of the quieter shopping streets.

### Day 5 Departure



### SELF-GUIDED CYCLING TOUR



### ROUTE CHARACTERISTICS

90 % on asphalted cycling paths or side roads with little traffic. Mainly flat.

### SERVICES INCLUDED

- 4 nights in charming 3-4-star-hotels
- Daily breakfast
- Daily luggage transfer (1 per person, 20 kgs max)
- Route book, maps and information material
- 7/7 service hotline
- GPS-tracks on demand
- Tourist tax

### PER PERSON

#### ROOM

with B&B DBL / SGL 555 € / 790 €

#### EXTRA NIGHT

Amsterdam DBL 110 € / 195 €

#### BIKE RENTAL

21-Gear - Hybridbike 55 €  
E-bike 115 €

#### EXTRA CHARGE IN AMSTERDAM

29.-31.03, 20.04,  
26.-28.04., 09.-12.05., 17.-19.05.  
DBL / SGL 45 €

In case of staying overnight on Saturdays per person  
DBL / SGL 28 €

\*No start on 12.13.14, 15.05;  
16.17.06; 06.07, 08.09, 10.07;  
12.13, 14.15, 16.09

### POSSIBLE OPTIONS

Bike breakdown insurance: 18 € per people.