

SARDINIA

Highlights

Cycling along the coast,
Golden beaches,
Ancient traces in Tharros,
Dune landscape Piscinas,
Flamingos, vineyards &
olive groves



SARDINIA - DREAMY SOUTH

Discover the wild and romantic South-West of Sardinia and cycle through abandoned mountain werewolves and untouched nature. The sea is never far away to jump into – refreshing Italy!

DIFFICULTY



KM

263 / 303

LENGTH

8 days / 7 nights

ARRIVAL

Saturdays / 01.01. - 31.12.24



Day 1 Arrival

Transfer or independent arrival to Cabras.

Day 2 The Sinis Peninsula and Oristano - Arborea ca. 68 km

Start your trip with an optional loop of the fascinating Sinis wetlands where we will see colonies of pink flamingos, quartz beaches and reach one of the most beautiful spots on the island: the Phoenician ruins of Tharros. Then cross the town of the medieval historic centre of Oristano to reach Arborea.

Day 3 Costa Verde & dunes of Piscinas ca. 46 -54 km

Cycle through the natural beauty spots of the Costa Verde to the Piscinas beach with its sand dunes over 50 m high – some of the highest in Europe.

Day 4 The mines of Sulcis ca. 41 km

This leg takes you back into the ancient mining past of Sardinia, as we pass the fascinating abandoned mines of Planusartu and Acquaresi. After the golden beach of Portixeddu and looming mass of Pan di Zucchero cliff, you admire the old ore washery at Nebida.

Day 5 The island of Carloforte 43 km

After a beautiful descent to Fontanamare, you will reach Portoscuso, and board on the ferry to Carloforte, where locals still fish the Red Tuna fish. From Carloforte, continue to the island of Sant'Antioco and end your day in Calasetta.

Day 6 Town and Island of Sant d'Antioco 40 km

Riding through vineyards and olive groves savour the quiet peace of the rolling plains of Sulcis. At Tratalias, visit the Pisan sanctuary, one of the most important monuments of the Sardinian.



Day 7 The South Coast 57 km

Final catwalk of your tour is the beautiful Costa del Sud with its gleaming white beaches, unspoilt natural landscape and imposing cliffs: Cape Malfatano with its 16th Century tower and Cape Spartivento. At Nora you will visit the ancient Phoenician settlement.

Day 8 Departure

After breakfast, end of services.



SELF-GUIDED CYCLING TOUR



ROUTE CHARACTERISTICS

Flat to hilly terrain

SERVICE INCLUDED

- 7 nights in charming 3-star-hotels /agriturismo
- Daily breakfast
- Tour presentation (welcome meeting/call)
- Daily luggage transfer
- Digital supply of routes and maps on ride with GPS app
- 7/7 Service Hotline
- Tickets for ferries to Carloforte and Calasetta are not included

PER PERSON

ROOM

with B&B DBL / SGL 886 €* / 1046 €*

SINGLE

Solo traveler 1211 €

BIKE RENTAL

21-Gear - Hybridbike 140 €
E-bike (250 € deposit) 250€

*Extra charge season 06.07. - 06.09.2024 160 €

City tax is not included and has to be paid on the spot.