

# PROVENCE

## Highlights

Palace of the Pope: Avignon,  
Cycling through the Parc  
naturel régional des Alpilles,  
Amphitheater in Arles

FRANCE  
À VÉLO

### DISCOVER THE PICTURESQUE PROVENCE BY BIKE (ECO)

Provence is the Mediterranean France with the air which is scented by maquis and lavender. The landscape and the special quality of light has inspired many painters. The Roman history will accompany you most of the days; the food rich in herbs will finish the journey in your lovely hotel.

#### DIFFICULTY

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#### KM

88

#### LENGTH

4 days  
3 nights

#### ARRIVAL

Daily  
14.03 - 31.10.2026

### Day 1 Avignon

Arriving in Avignon, Cité des Papes.

### Day 2 Avignon - St Rémy 56 km

You have time to visit the old city and the Palace of the Popes. You leave Avignon by small quiet roads and you are cycling towards one of the most beautiful villages in the region and very typical: St Rémy. Known for the aromas of wild herbs. St Rémy is the town where Van Gogh has lived and where Nostradamus was born.

### Day 3 St Rémy - St Rémy 32 km

This day you will leave St Rémy to cycle south, towards to the Mediterranean sea. Once you reach the town of Arles, perched on the side of the Rhone, take the time to visit the well-preserved amphitheatre, and the other countless medieval and Roman monuments.

### Day 4 Departure

After breakfast, it will be time to say "goodbye" to this wonderful area.



### SELF-GUIDED CYCLING TOUR



### ROUTE CHARACTERISTICS

Not very hilly and always on asphalted side roads and partly on cycling paths.

### SERVICES INCLUDED

- 2 nights in 3 stars hotels  
1 night in a 2 stars hotel
- Daily breakfast
- Welcome talk
- Train ticket Arles - Avignon
- Daily luggage transfer
- Itinerary on our app
- Route book, maps and information material
- 7/7 Service Hotline

### PER PERSON

#### ROOM

with B&B DBL / SGL 520 € / 685 €

#### EXTRA NIGHT

Avignon DBL / SGL 83 € / 136 €  
Arles DBL / SGL 72 € / 108 €

#### BIKE RENTAL

21/27-Gear Hybrid bike 70 €  
E-Bike (250 € deposit) 140 €

City tax is not included and has to be paid on the spot.

### POSSIBLE OPTIONS

Rental of helmets, phone holder