

ITALY

SOUTHWEST SARDINIA | DELUXE

The southwest of Sardinia is a true treasure trove of untouched nature that can be easily explored by bike. From Cabras, between lagoons and beaches, you will travel along exceptional seascapes before reaching Arborea, a paradise for lovers of tranquility. Further south, Arbus offers you its mountains and abandoned mines, while Nebida will enchant you with its cliffs bathed in a bright blue. Finally, Pula, with its ancient remains and idyllic beaches, marks the end of this journey. On each stage you will find a new setting, a new adventure and a touch of freedom that will delight you.

LEVEL

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KM

263 /
303

LENGTH

8 Days
7 Nights

ARRIVAL

Saturday
13.04 - 31.10.2026

Day 1 Arrival in Cabras

Individual arrival to Cabras. Check-in, bicycle collection and handover of travel documents.

Day 2 The Sinis and Oristano Peninsula 36/68 km

Start your trip with an optional tour of the fascinating wetlands of Sinis, where we will see colonies of pink flamingos and quartz beaches and reach one of the most beautiful places on the island: the Phoenician ruins of Tharros. You will then pass through the town of Oristano, with its medieval historical center, to reach Arborea.

Day 3 Costa Verde and dunes of Piscinas 46/54 km

Cycle through the natural beauty of the Costa Verde to Piscinas Beach with its sand dunes that are over 50 m high – some of the highest in Europe.

Day 4 The mines of Sulcis 41 km

This stage takes you back to Sardinia's ancient mining past as we pass the fascinating abandoned mines of Planusartu and Acquaresi. After the golden beach of Portixeddu and the rising cliff of Pan di Zuccherò, you can admire the old ore washing plant in Nebida.



Day 5 The island of Carloforte 43 km

After a nice departure to Fontanamare, you will reach Portoscuso and board the ferry to Carloforte, where the locals still catch bluefin tuna. From Carloforte continue to the island of Sant'Antioco and end your day in Calasetta.

Day 6 City and island of Sant'Antioco 40 km

Drive through vineyards and olive groves and enjoy the quiet idyll of the rolling hills of the Sulcis. In Tratalias you will visit the Sanctuary of Pisa, one of the most important monuments of Sardinian Romanesque.



Day 7 The south coast 57 km

The final section of your tour takes you to the beautiful Costa del Sud with its bright white beaches, untouched natural landscape and impressive cliffs: Cape Malfatano with its 16th century tower and Cape Spartivento. In Nora you will visit the ancient Phoenician settlement.

Day 8 departure

After breakfast your cycling holiday is over.

SELF-GUIDED CYCLING TOUR



SERVICES INCLUDED

- 7 Übernachtung in 3-4 Sterne-Hotels
- Täglich erweitertes Frühstück
- Begrüßungsgespräch
- Täglicher Gepäcktransfer
- Tourenbeschreibung auf unserer App
- Tourenbeschreibung mit Kartenmaterial
- 7/7 Service Hotline

ROOM

• **Mid season**
Room with B&B DBL / SGL 1090 € / 1410 €

• **High season (05.07 - 29.08)**
Room with B&B DBL / SGL 1297 € / 1617 €

• **Surcharge**
No arrival on Saturday 92 €

EXTRA NIGHT

Cabras DBL / SGL On request

BIKE RENTAL

21/27-Gear Hybrid bike 161 €
E-Bike (250 € deposit) 288 €

City tax is not included and has to be paid on the spot.

POSSIBLE OPTIONS

- Rental helmet (s), mobile phone holder
- Solo traveler supplement : 581 €

