

VELODYSSÉE

Highlights

Along the Vélodyssée
Vineyards
Atlantic Coast
Towns of Art and History,
UNESCO sites

FRANCE
À VÉLO

FROM NANTES TO LA ROCHELLE - CLASSIC

La Vélodyssée is a cycling itinerary linking Nantes to La Rochelle, crossing varied landscapes between the Atlantic Ocean and the countryside. The route allows you to discover the region's natural and cultural treasures, such as the Poitevin marshes, wild beaches and pine forests. This route is ideal for enthusiasts looking for an adventure in the heart of Brittany and the Nouvelle-Aquitaine region.

| LEVEL | KM | DURATION | DEPARTURE |
|-------|-----|--------------------|---------------------------|
| ●○○○ | 300 | 9 Days 8 Nights | Daily 15.04 - 15.10.25 |

Day 1 Arrival

Arrive in Nantes, birthplace of French writer Jules Verne and famous for its unique Verne-inspired Machines de l'île. It features a giant mechanical elephant that takes visitors on rides through the city. The town is also famous for its medieval Château des Ducs de Bretagne and its Muscadet wine.

Day 2 Nantes - St Brévin les Pins 59 km

Leaving the city, you follow the Loire, admiring its impressive river scenery. Crossing the Breton hinterland, you join the coastal cycle path, passing several ports and locks with their famous fishing boats. Arrive at Saint-Brevin-les-Pins, famous for its beaches, dunes and the Serpent d'océan, an emblematic work of art.

Day 3 St Brévin - Pornic 20 km

Leaving Saint-Brevin-les-Pins, you'll follow the coast towards Pornic, passing through landscapes of dunes and pine forests. In Pornic, take a break to admire its charming harbor and its castle overlooking the ocean. You'll then follow the Vélodyssée along the coast, between wild creeks and salt marshes, before reaching Bouin, in the heart of the Breton marshes, where oyster farming and vast stretches of wilderness provide a unique backdrop.

Day 4 Pornic - Fromentine 50 km

This stage takes you along the coast, between beaches and wild landscapes. You'll pass superb coves and coastlines, with splendid views of the Atlantic Ocean. On the way, stop off at the Pointe de la Fosse lighthouse, before arriving in Fromentine.



Day 5 Fromentine

This charming coastal village on the Vendée coast is renowned for its tranquil atmosphere and easy access to the islands. The village is also the departure point for the Ile d'Yeu, accessible by ferry and ideal for a day trip. In the surrounding area, the Baie de Bourgneuf nature reserve invites you to go for a walk, while the fine sandy beaches offer moments of relaxation and swimming. Fromentine is also a gateway to the Pays de Monts region, with its pine forests perfect for nature lovers.



Day 6 Fromentine - Sables d'Olonne 65 km

Leaving Fromentine, you'll follow the Vendée coastline, with its protected natural sites and typical villages such as Saint-Jean-de-Monts. Approaching Les Sables d'Olonne, you'll discover the lively port and beaches of the famous seaside resort. It's a pleasant stopover, ideal for enjoying the sea and the tranquility of the Vendée.

Day 7 Sables d'Olonne - La Tranche sur Mer 40 km

You'll follow the Vendée coastline, offering breathtaking ocean views. You'll cross beautiful beaches, such as those at Talmont-Saint-Hilaire, and observe wild, unspoilt landscapes. At La Tranche-sur-Mer, you'll enjoy a friendly seaside resort with beaches renowned for swimming and water sports. This stopover combines nature, relaxation and a seaside atmosphere.

Day 8 La Tranche sur Mer - La Rochelle 67 km

Departing from La Tranche-sur-Mer, you'll follow the coast through the marshes and forests of southern Vendée. After a pause at Esnandes to admire the Baie de l'Aiguillon, you enter the Charente-Maritime region and reach La Rochelle, with its old port, emblematic towers and unique maritime atmosphere.

Day 9 Departure

It's the last day and time to say "see you soon"!

SELF-GUIDED CYCLING TOUR



ROUTE CHARACTERISTICS

Sometimes on paved cycle paths, sometimes on small country roads. A few climbs, but no great difficulty.

SERVICES INCLUDED

- 8 nights in 3-4 stars hotels
- Daily breakfast
- Welcome talk
- Daily luggage transfer
- Bike delivery and collection
- Itinerary on our app
- Route book, maps and information material
- 7/7 Service Hotline

PER PERSON

ROOM

| | |
|---------------------------------|-----------------|
| with B&B DBL / SGL | 1210 € / 1690 € |
| Supplément saison 01.07 - 31.08 | 1320 € / 1750 € |

EXTRA NIGHT

| | |
|-------------------------------|---------------|
| Nantes DBLE / SGL | 105 € / 179 € |
| St Brevin DBLE / SGL | 89 € / 152 € |
| Pornic DBLE / SGL | 84 € / 143 € |
| Nord de Monts DBLE / SGL | 71 € / 114 € |
| Sables d'Olonne DBLE / SGL | 80 € / 140 € |
| La Tranche sur Mer DBLE / SGL | 90 € / 143 € |
| La Rochelle DBLE / SGL | 99 € / 179 € |

BIKE RENTAL

| | |
|------------------------|-------|
| 21/27-Gear Hybrid bike | 245 € |
| E-Bike (250 € deposit) | 260 € |

City tax is not included and has to be paid on the spot.

POSSIBLE OPTIONS

Rental of helmets, phone holder

NB: It is possible to shorten the stay by reducing the number of days to suit your preferences.